



Teaching the Patient Research Group

Helen Kiely, Mersey Care NHS Foundation Trust



WHO ARE THEY?

Volunteers within the trust

Different abilities

Diverse backgrounds

Different levels of information & technical literacy

Enthusiastic

WHAT THEY NEEDED

- Developing an answerable question
- Searching
- Downloading articles
- Types of literature
- Types of research
- Information Literacy
- Critical Appraisal
- Basic IT skills
- Planning a research project

ENCOURAGEMENT

CONFIDENCE

ACCESSIBILITY

GUIDANCE

Interactive Activities

Before you look for the answer

Mersey Care
NHS Foundation Trust
Community and Mental Health Services



Research or Evaluation?
"Which therapeutic factors determine improved outcomes and quality of life in people using a Wellbeing service?"

"Do service users feel that the Wellbeing service at our hospital is helpful?"



MIX AND MATCH CONCEPTS
RANKING EVIDENCE
GROUP TASKS
IDENTIFYING TYPES USING ABSTRACTS
HANDS ON IT TRAINING
ADAPTABILITY WITHIN THE SESSIONS

Assessing the paper

HOW TO SPOT TRICK QUESTIONS
CONSIDER THE SOURCE
GO BEYOND THE HEADLINE

- Where is it published?
- Who wrote it?
- What type of study is it?
- How many participants?
- How applicable is it?
- Any conflicting interests?

CHECK THE AUTHOR
Do a quick search on the author. Are they credible? Are they real?

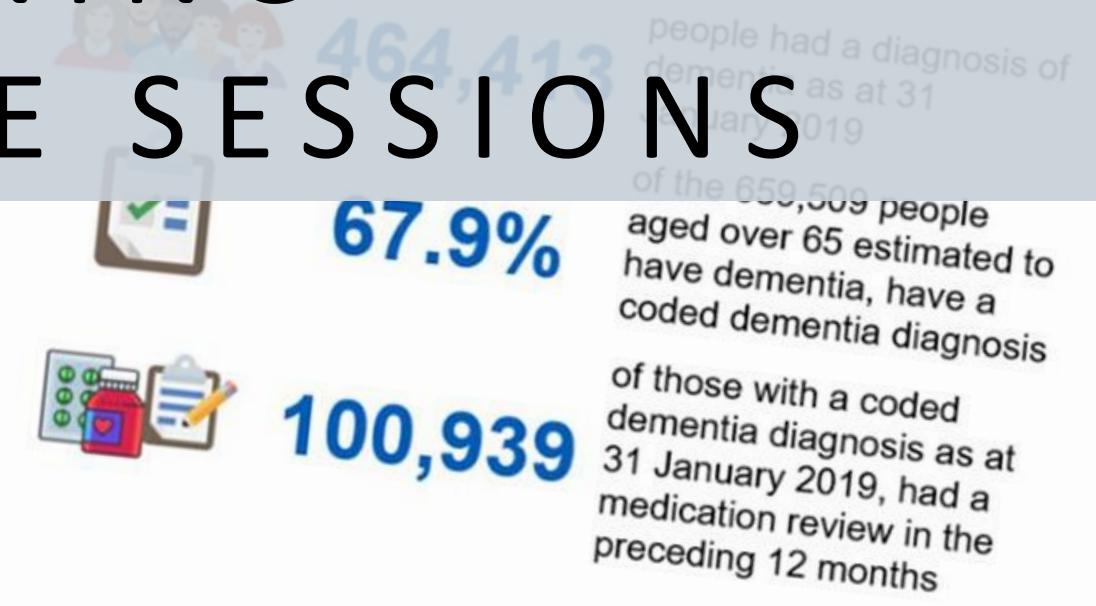
SUPPORTING SOURCES?
Click on those links. Determine if the info given actually supports the story.

CHECK THE DATE
Reposting old news stories doesn't mean they're relevant to current events.

IS IT A JOKE?
If it is too outlandish, it might be satire. Research the site and author to be sure.

CHECK YOUR BIASES
Consider if your own beliefs could affect your judgement.

ASK THE EXPERTS
Ask a librarian, or consult a fact-checking site.



OUTCOMES



Collaborative working with Research & Development, the Patient Research Group & Evidence Service



Patient Research Group creating evidence base = more likely to be successful in applying for approval



Group focused their plans
Reported increased understanding & confidence

