



The Mid Yorkshire Hospitals
NHS Trust

Collaboration for Patient and Public Information

Wakefield Public Libraries and Mid Yorkshire Hospitals NHS Trust Library Service



striving for excellence

Today's talk will:

- Tell you about the work Mid Yorks NHS library service has been doing to promote patient and public health information
- Tell you about the work Wakefield libraries are doing to promote health and wellbeing across the Wakefield district
- Tell you about the work that we have been doing **together** to promote health and wellbeing for patients and public
- Tell you about the way in which we intend to continue working together in the future

Mid Yorks LIS the main drivers...

Information
for patients
and the
public

Working in
mutually
beneficial
partnerships



More seriously...

Patient, public and carer information requirement

Knowledge for Healthcare Vision Statement:

*NHS bodies, their staff, learners, **patients and the public** use the right knowledge and evidence, at the right time, in the right place, enabling high quality decision-making, learning, research and innovation to achieve excellent healthcare and health improvement. (1)*

The LQAF requirement

“from 2017, all NHS-funded library/knowledge services will be expected to evidence some level of direct or indirect contribution to patient and public information”.

Working across the sectors

The library/knowledge service works in partnership with other organisations and agencies across the local health community to modernise and develop services to meet customer needs, expectations and choice.

The first dip Was a Flyer To Promote Safe Seeking On The Internet

The Internet and health information

Tips to consider...

Thanks to the internet, you have access to millions of sites, and a huge volume of health information. Finding reliable healthcare information on the internet can be tricky. It can take hours of your time and how do you know what you find can be trusted?

1. Who runs the Web site?

Trustworthy websites make this clear usually on every page, for example NHS Choices feature their logo on all pages. Also most reputable websites have a section called 'about us' on the home page

2. What is the purpose of the website?

Is it selling something, a product or a point of view, Is it trying to raise money? If so be cautious...look out for

- Who runs the website?
- Quackery—are claims too good to be true?
- Sensational writing (Amazing!! Revolutionary! Life-changing!)
- A trustworthy health website should use simple language and claims should be checked on other similar websites.

3. What is the original source?

- Where did the website get its information from?
- Is it clearly identified? If not be wary.

Good starting points for patient information...



Disclaimer

While we make every possible effort to ensure that the information in this publication is accurate and up to date at the time of publishing, we do not accept any responsibility for errors or omissions. Nor do we accept any responsibility for loss or damage resulting from making use of this information. Hyperlinks to third party websites are provided for the convenience of users and we in no way endorse the contents, views or information held on such sites.



Clinical psychologists gave us reading lists and have referred staff to the library for the books

We recommended resources to the occupational therapy team to support their health and wellbeing campaigns – so they could better support staff [as patients]

Long term conditions resources were popular choices for staff working with specific patient groups *'Helping healthcare staff to provide high quality patient information'*

Working with our Occupational Health Team

Throughout 2017 and up-to-date this collaboration has seen an increase in numbers of staff using the library to inform their own health and using resources within their work with patients

We now have a regular display in the occupational health department to promote health and wellbeing resources to staff



Health Presentation

The public library contribution to health
and wellbeing

Libraries support health literacy and self-management, provide health related events and activities, stimulate creativity and learning and connect individuals and communities...

Expert staff in a non-stigmatised & trusted community space

Assisted digital access

Volunteering activities & events

Libraries Deliver:

Ambition for Public Libraries in England 2016-2021 by the Libraries Taskforce

...describes how libraries support a number of outcomes aligned with national and local priorities, including healthier and happier lives for individuals.

WHAT IS IT?

Your public library supports the health and wellbeing of communities

WHY WE NEED THIS OFFER



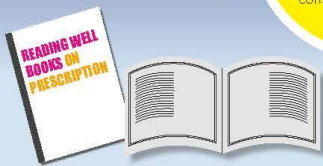
1 in 4 people and their families experience the consequences of poor mental health

WHY WE NEED THIS OFFER



10% of older people are lonely

Provide health information & support



MOOD BOOSTING BOOKS

WHY WE NEED THIS OFFER

15m people



are living with a long term physical condition

LIBRARIES HELP LOCAL COMMUNITIES TO BE HEALTHY AND LIVE WELL

Dementia Cafes & reminiscence groups

Dementia Cafe



WHY WE NEED THIS OFFER

One person develops dementia every 3 minutes

Creative opportunities for individuals and groups



Admiral Nurse

As a nurse, sometimes I have the feeling that I haven't much to offer, except for a shoulder to cry on. Whereas a book to read is something tangible, something else to suggest and offer.

CBT therapist

One of my patients suffers from social anxiety: we are working together using the book that I prescribed to him. He reads one chapter or paragraph every week, and our conversation starts from that. He finds it very useful.

READING WELL

Recommended by young people and health experts.

FIND SHELF HELP IN YOUR LOCAL LIBRARY

ARTS COUNCIL ENGLAND SCL Learning & Managing Public Libraries AS/EL wellcome-trust

THE READING AGENCY

READING WELL

MOOD BOOSTING BOOKS

READING WELL reading-well.org.uk

Reading Well for mental health
Find helpful books at your local library

Recommended by health professionals and people with mental health needs

ARTS COUNCIL ENGLAND SCL Learning & Managing Public Libraries

THE READING AGENCY

READING WELL

Find helpful books at your local library
Recommended by health professionals and people with long term conditions

reading-well.org.uk

ARTS COUNCIL ENGLAND SCL Learning & Managing Public Libraries

THE READING AGENCY

READING WELL

Books on Prescription
Dementia
Find helpful books at your local library

reading-well.org.uk

Recommended and endorsed by health professionals

ARTS COUNCIL ENGLAND SCL Learning & Managing Public Libraries

THE READING AGENCY

Wakefield
Libraries
Vibrant, accessible, inspiring

**READING
WELL**

Calendar Spikes

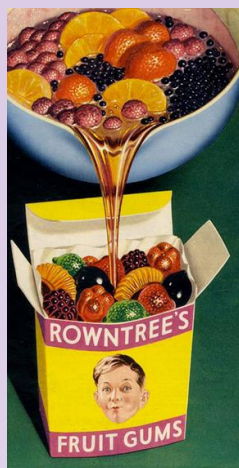


Wakefield
Libraries

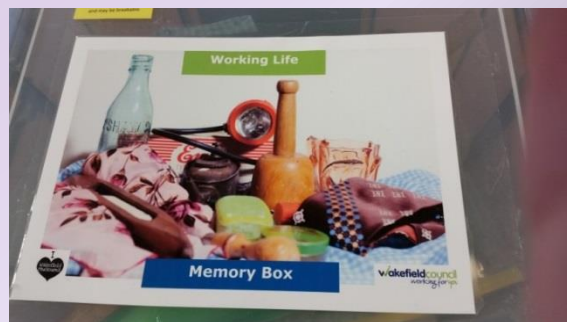
Vibrant, accessible, inspiring

Dementia Friendly Libraries

Sandal Library



Wakefield
Libraries
Vibrant, accessible, inspiring





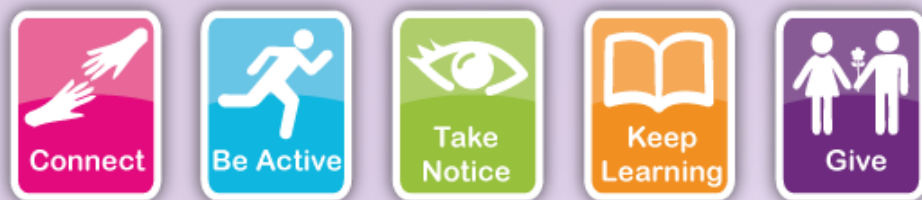
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Tovertafel

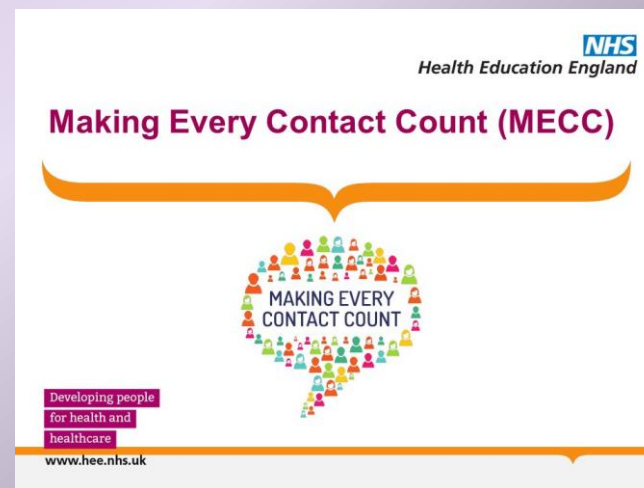


Wakefield
Libraries
Vibrant, accessible, inspiring

Well trained staff



5 Ways to Wellbeing



Libraries are friendly, welcoming
and non-judgemental.

MidYorks NHS Library @midyorkslibrary · Jul 4

Our patient health information page was created to signpost patients/public to #reliable health info online midyorks.nhs.uk/patient-health... #HIW2017

WWW.MIDYORKS.NHS.UK

Karen talking about @NHSChoices @WFlibraries for #HIW2017 @midyorkslibrary on the move 😊

MidYorks NHS Library @midyorkslibrary · 22h

Focus on: our new #ReadingWell for long term conditions collection & upcoming #HIW2017 event w @WFlibraries bit.ly/2uoOToE #HIW2017

Long Term Conditions Self Help Resources

Available from your NHS Staff Library

Self-management of Long-term Health Conditions

HOW TO FEEL BETTER

GO YOUR CROHN WAY

Manage Your Pain

Irritable Bowel Syndrome

PAIN IS REALLY STRANGE

Diabetes

Tweeting
about HEALTH
INFORMATION
WEEK 2017

Launch of the first phase
of the memory boxes



With Wakefield libraries and public health
Wakefield at Dementia Awareness Week
2018



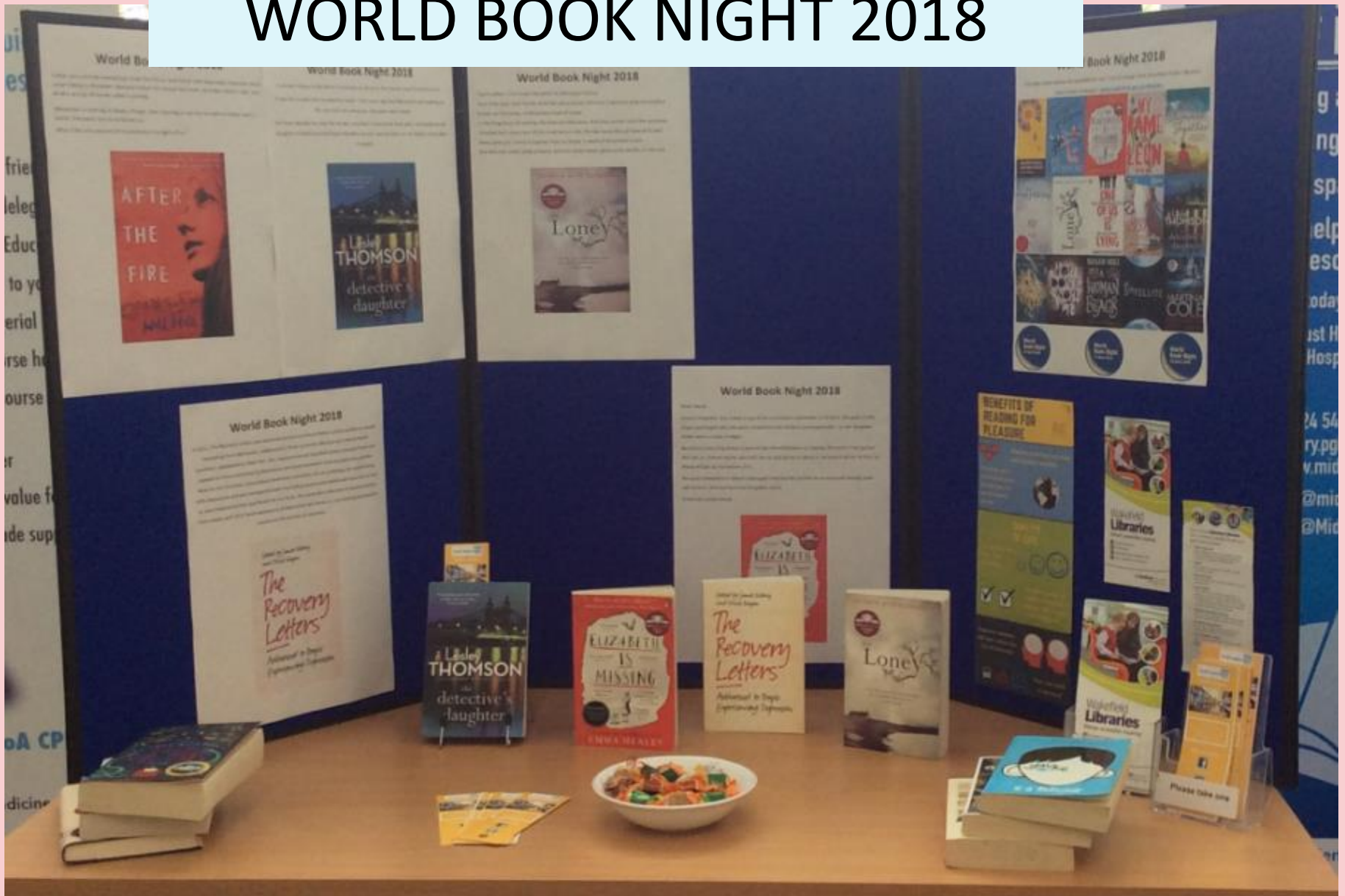
The first outing for the miners memory boxes



Bringing back memories



WORLD BOOK NIGHT 2018



Safeguarding specialist advisor moseys over to take a look at our books



Health Information Week 2018

- Wakefield libraries visited us and set up stall in the atrium
- Patient health information
- Health and wellbeing activities
- Health literacy



MidYorks NHS Library @midyorkslibrary · Jul 6
We're over in the Pinderfields atrium with @WFLibraries promoting patient health information, health literacy, health & wellbeing activities and more 😊 #HIW2018

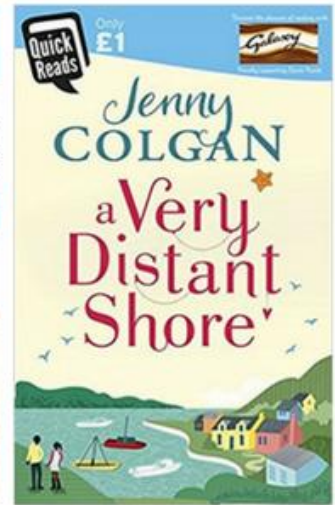
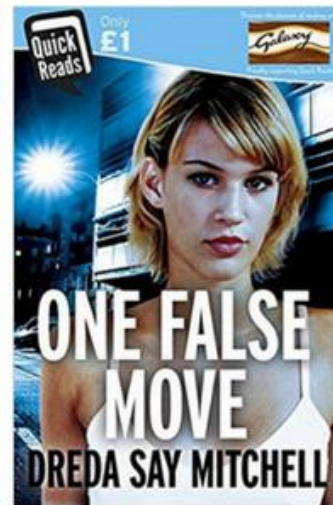
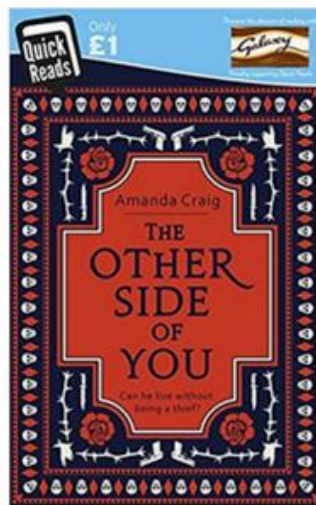
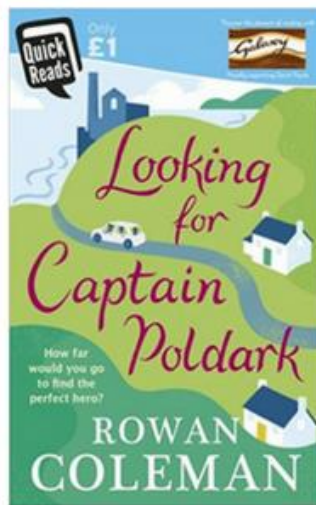
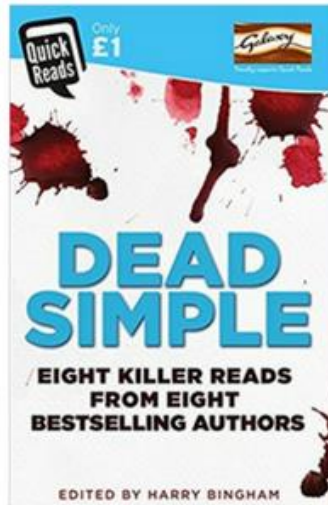
What didn't work...

**THE
READING
AGENCY**



**Available for loan from
MY Library**

On loan from Wakefield Libraries



And this...



Connecting blind and partially sighted people with books and reading.

If you think sight loss is going to stop you or someone you know from enjoying the pleasure of reading, think again.

We can help support you with large print, braille, new technology, audio books and links to local and national organisations. Times are changing and there are new ways of reading being developed all the time. Help us to keep up with what you want in your libraries by helping us to develop Make a Noise in Libraries Fortnight for the future. Tell your local library your ideas!

Make some noise, find out what's happening, get involved.

Visit readingsight.org.uk for more information.

The future

- Focus on health literacy will continue
- Continue using social media platforms to interact and promote the work we both do
- Extend our collaboration to include South West Yorkshire Partnership NHS FT libraries - joint working between public/acute/mental health libraries
- The launch of the tovertafel by public libraries

Lynne's

- Universal health offer
- What happens in public libraries
- Public health – calendar spikes – promotion in libraries
- Outreach activities – partnership working [e.g. Mid Yorks] dyslexia and reading groups
- Dementia friendly libraries - tovertafel
- Training for WF lib staff in mental health issues