



PUBLIC HEALTH RESOURCE CENTRE

Rebecca Väänänen

Public Health Resource Centre Manager











What is the PHRC?

A specialist knowledge and resource hub offering support to anyone in Leeds with a responsibility for, or professional interest in, public health or promoting health and wellbeing.

We are the **only** service in Leeds to provide this service and we have 25 years experience.













NOBODY LEFT BEHIND: GOOD HEALTH AND A STRONG ECONOMY

CONCERNING HEALTH TRENDS

Leeds as a whole



82yrs Imth

Fernale life



down by 2.5 mths



78yr 4mths Male life expectancy (2103-2015)







female deaths in Leeds were from alcohol-specific conditions



people died from drug misuse in Leeds

deaths were in men



deaths by suicide In Leeds (2011-2015)

83% of deaths were men



Infant deaths in Leeds



16-24

age group women in Leeds have the highest rates of common mental health disorders, self-harm and PTSD

UNDERLYING FACTORS - INCREASING DEPRIVATION

(In Leasty 2014-16)



175,000

are classified as being in absolute poverty' (around a quarter of our population)



38,000

households are in fuel poverty



15,000

households affected by in-work poverty



28.000 Leeds children are in poverty



are estimated to be from working families







For the whole report and recommendations see: http://www.leeds.gov.uk/residents/Pages/

Director-of-Public-Health-Annual-Report.aspx





The PHRC Mission Statement

The Public Health Resource Centre develops the public health workforce, which increases community capacity to improve the health and wellbeing of people in Leeds, with particular focus on helping the poorest to improve the their health the fastest.







April - June 2018 **Public Health Resource Centre**

1,874 Active Centre Users









What you say

about our

courses ...

educational



1.914 followers

Follow us @PHRCLeeds





2,019

mailing list subscribers



1,845

emails responded to

phrc@leeds.gov.uk



informative interesting thought. provokina

forward thinking

50

people learned to play 113 health and wellbeing

games at our special

Games Day

Public Health 10.600 Resource website visits Centre

www.leeds.gov.uk/phrc



"We all have a unique opportunity with the people we work with on a daily basis to really make a difference to their health and wellbeing." 🤎

#PH4Leeds18 delegate



100

Children's people learned more about ...

Want to know mime more about .. Change

Social Isolation, Loneliness and Money, Debt Older People and Mental Health

E-cigarettes

4,349

resources available



68.569

leaflets and posters distributed

1,000

cuppas enjoyed in our free, bookable training room

Where we've been ...

Schools Infection Control Event Community Pharmacy West Yorkshire Event

statt networks Leeds Health & Care **Academy Conference**

Union

eeds City Council

... upcoming outings

Call us for help with your health promotion activity on 0113 3786200 We hosted

#PH4Leeds18

Leeds' Annual Public Health Workforce Conference

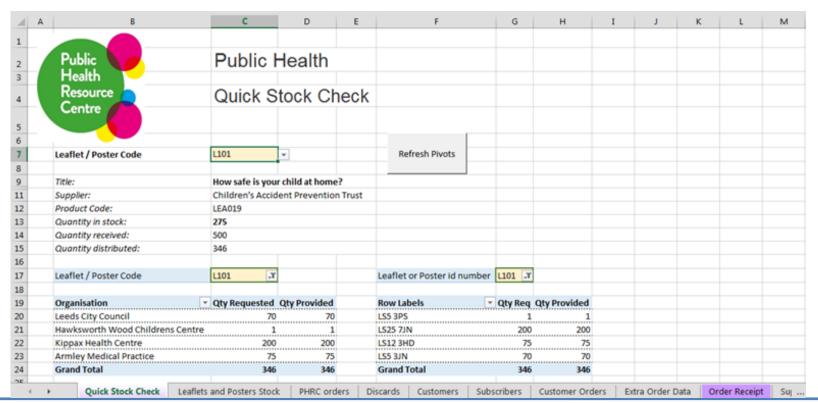
bit.ly/PH4Leeds18

Thanks for coming!





Quality Improvement Cycle







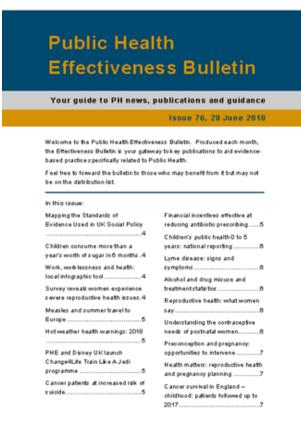






Public Health Information and Evidence

- Monthly Public Health Effectiveness Bulletin
- Literature search and training for PH Specialists by LCH Library SLA













We love our PHRC

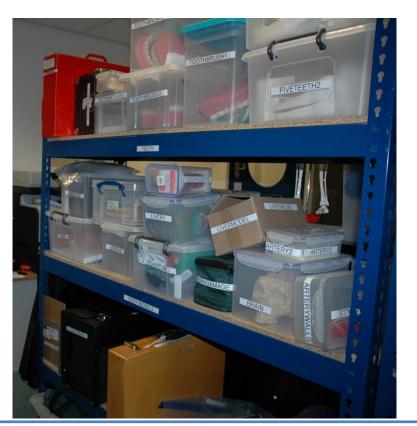








Models



Leaflets and posters









Training and events

































phrcleeds We're at @leedsmind #mentalhealth conference in #Leeds today. Come see us if you're here too, we've got LOADS of resources to support positive mental health in the workplace #phrcleeds

bipolar_poet Good work, your posts seem to be getting better with time & I'll be waiting for your next post a

phrcleeds @bipolar_poet thank you @

| QQ | |
|---------------------------------------------------------------------------------------------------------|--|
| mizzy1980, sanahleeds, block47studio, discoveringdarragh, boommirfield and bipolar_poet like this | |
| JUNE 26 | |
| Add a comment | |



















PHRC 25th Birthday



























Public Health Campaigns

















PHRC videos









Making Every Contact Count Training

Advanced Health & Wellbeing Training Programme

Public Health Priority Based Training



Want to Know More About... information seminars

www.leeds.gov.uk/lpht











Public Health Resource Centre

Leaflets and posters

News & information

Books and models

Technorth Centre

9 Harrogate Road

Chapel Allerton

Leeds LS7 3NB

T: 0113 378 6200

Training

Open days

Networking





