



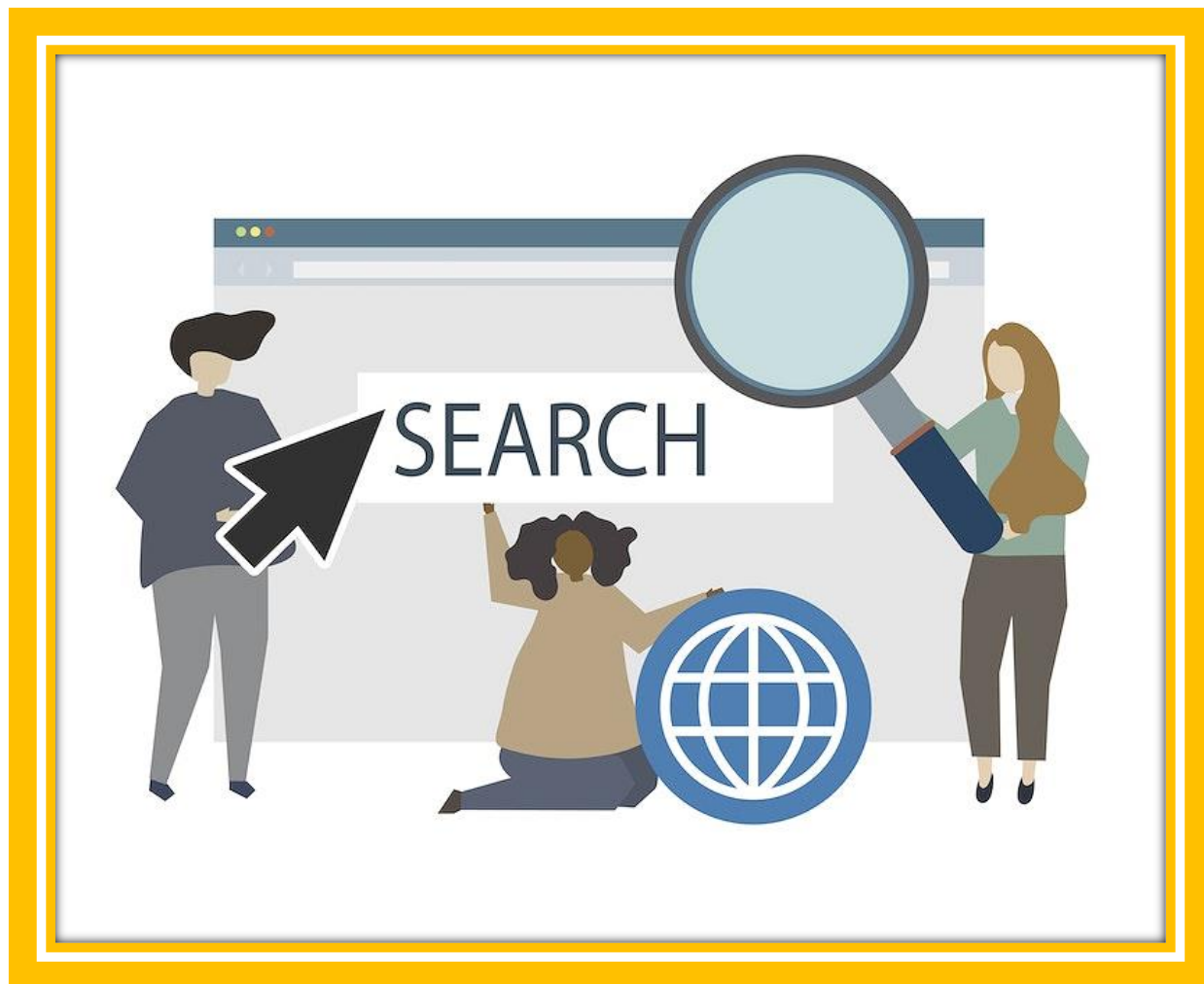
Jan Godwin
Clinical Librarian
York and Scarborough Teaching Hospitals

IBS and Hypnotherapy

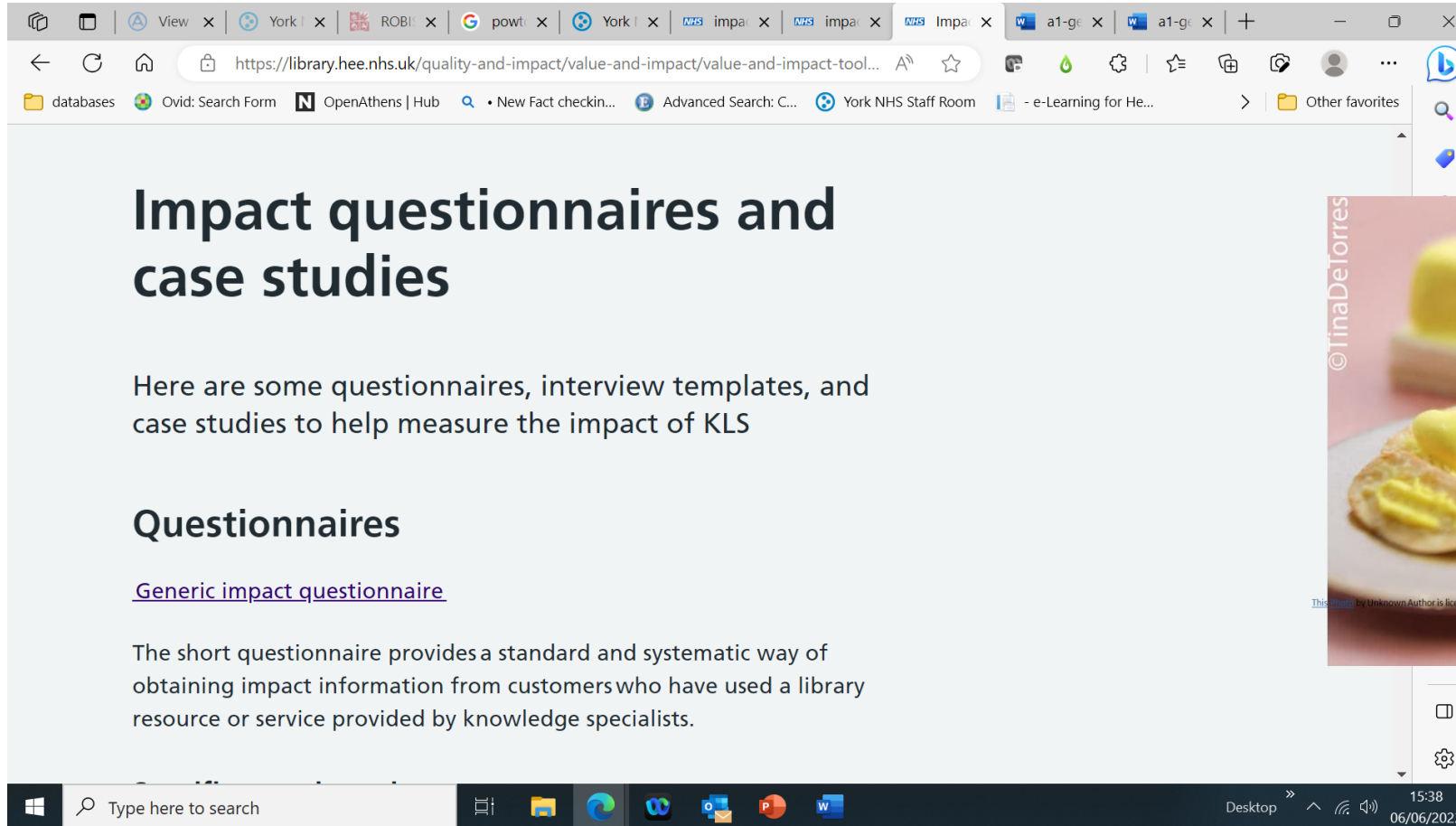
**Literature
Search
to
Impact Case
Study**

An everyday story
of Library folk ...

Literature search - and results out



Our usual Impact survey follow up



The screenshot shows a web browser window with multiple tabs. The active tab is titled 'Impact questionnaires and case studies' and the address bar shows the URL: <https://library.hee.nhs.uk/quality-and-impact/value-and-impact/value-and-impact-toolkit/impact-questionnaires-and-case-studies>. The page content includes a main heading, a paragraph of text, and a link to a 'Generic impact questionnaire'.


Impact questionnaires and case studies

Here are some questionnaires, interview templates, and case studies to help measure the impact of KLS

Questionnaires

[Generic impact questionnaire](#)

The short questionnaire provides a standard and systematic way of obtaining impact information from customers who have used a library resource or service provided by knowledge specialists.



The photograph shows a golden-brown loaf of bread on a silver, ornate tray. In the foreground, a slice of bread is served on a white plate, topped with a pat of yellow butter. A butter knife is placed on the plate. The background is a soft, out-of-focus pinkish-red color.

<https://library.hee.nhs.uk/quality-and-impact/value-and-impact/value-and-impact-toolkit/impact-questionnaires-and-case-studies>

Oooh ...



So ...just a little extra....

Documents and templates

Impact case studies

Contents

- [What are they?](#)
- Documents and templates
- [How to write them](#)
- [Submit an impact case study](#)
- [Frequently asked questions](#)

Case study templates are effective in capturing and summarising the outcome of interviews.



Further information

[Guidance on obtaining consent](#)

[Further guidance on using the tools](#)

[Impact Vignette Local KLS Template](#)

<https://library.hee.nhs.uk/quality-and-impact/value-and-impact/case-studies-impact/value-and-impact-case-study-templates>

Completed Impact case study

- Interviewee details and consent
- Summary of problem
- What we did
- Summaries of immediate and probable future outcome and impact

C1a Library Impact Case Study

<p>Library concerned: York Teaching Hospital NHS Foundation Trust Name of case study: Use of hypnotherapy in treatment of patients with Irritable Bowel Syndrome (IBS) Date of interview: 27 October 2020</p>	
Interviewee	<p>Name: Jane Martin Job Title: IBS Nurse Specialist Trust/Employing body: York Teaching Hospital Email: jane.martin@york.nhs.uk Tel:</p> <p><small>Please note: you should only provide interviewee details here if consent to share on the national blog has been obtained</small></p>
Summary of problem or reason for enquiry	<p>Our enquirer and her colleague have been trained to deliver hypnotherapy to patients suffering from IBS but required information to develop a local protocol for the service which would reflect the most up to date evidence, including guidance and best practice.</p>
Brief description of the information found / service provided	<p>The Clinical Librarian (CL) searched point of care tools, NHS Evidence, Trip database, Medline, CINAHL and Psycinfo and other authoritative sources to produce an overview of the evidence. It took over 8 hours to find, review, select and synthesise the evidence into a compact e mail attachment which included hyperlinks to guidelines, overview articles, systematic reviews, full text and abstracts of recent journal articles, and web pages.</p>

Summary of outcome and impact	<p>An update to the Trust protocol for Nurse Led Irritable Bowel Syndrome (Gut Brain Axis - Functional Gut Disorders) and Hypnotherapy Service was developed which reflected the current guidance and the best evidence based practice.</p> <p>The information the library staff provided was successfully used within the Gastroenterology department to ensure continued support for the service. It was also seen as a helpful educational/CPD resource for the staff delivering and managing the service.</p> <p>Information and key references on the efficacy of the therapy have also been passed on to patients and been used to address any initial scepticism about the value of the therapy.</p>
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C1a Library Impact Case Study

(including quotes)	<p>patients"</p> <p>"The information has also helped us in the development of a patient information leaflet on Gut Directed Hypnotherapy for Brain Gut Axis disorders".</p> <p>Covid-19 restrictions have necessitated the introduction of further infection prevention measures and there have also been problems in finding appropriate accommodation in which to house the service. Hence there have been delays in delivering the service over recent months. There is currently a waiting list of 24 patients who it is hoped will be able to receive treatment in the coming months either in person or through the commencement of a "virtual" service.</p> <p>IBS Nurse Specialists have again involved the Library service by requesting an evidence synthesis to help identify any issues that may have already been documented around the remote delivery of hypnotherapy via Webex or similar.</p>
Probable future impact (including quotes)	<p>Gut Directed Hypnotherapy continues to be seen as a vital part of an evidence based IBS service and sessions will resume shortly.</p> <p>The information generated through the literature search process will also go forward into a succession planning document to ensure the continuity of this valuable therapy.</p> <p>"To continue providing an effective service, we will need up to date evidence to support the information and advice we offer patients not only about Therapeutic Hypnotherapy, but also IBS generally. Using the literature search service has and will continue to save us valuable time and being able to access the expert searching skills within the library team also gives us confidence that our decisions are based on the best available evidence"</p>

And

PowerPoint

Download Save to OneDrive Start Slideshow Print to PDF




<<Catchy Title emphasising impact of librarian - ideally include data on cost reduction, time saved etc.>>

<<Background to case study - what was the ask and what did the librarian/LKS do>>

“

”



A MILLION DECISIONS
#AMillionDecisions
<https://www.hee.nhs.uk/lks>

Librarians and Knowledge Specialists bring the evidence to inform healthcare decisions

<<Name and Title of person giving quote>>
Working with
<<Name and title of LKS person>>
<<Organisation>>

<<Local contact details, logo etc.>>

SLIDE 1 OF 1

HELP IMPROVE OFFICE NOTES



“Using the literature search service has and will continue to save us valuable time and being able to access the expert searching skills within the library team also gives us confidence that our decisions are based on the best available evidence.”

Irritable Bowel Syndrome (IBS) and hypnotherapy

Knowledge and library specialists provided an evidence synthesis to inform a local protocol for a nurse-led IBS service which included hypnotherapy as a therapy option. The evidence synthesis assured managers of the value of the intervention; contributed to a new patient leaflet and provides a valuable CPD resource for healthcare professionals.

Jane Martin, IBS Nurse Specialist, working with knowledge and library specialists at York and Scarborough Teaching Hospitals NHS Foundation Trust

In summary

- **Receive E mail**
- **Lit search carried out**
- **Email results to client.**
- **Initial feedback from client to thank**
- **Email link to our impact survey after approx 12 weeks**
- **Case study and vignette jointly produced and published**



Impact for Jane



Impact for/on us



[This Photo](#) by Unknown Author is licensed under [CC BY-SA](#)

Next steps - lessons learnt

- Its really easy and a worthwhile process – why don't we do it more often?
- June 23 ... Current national impact case study review and publication process paused – watch this space...





**Thank you for listening ...
Any thoughts?**

Jan Godwin York and Scarborough Teaching Hospitals

IBS and Hypnotherapy

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